

# Indianapolis Marathon Relay Rules

## October 16, 2010

- 1) There is an optional Relay Team Captain Meeting in the Sterrett Center at 7:15am. The Sterrett Center is located on the Northwest Corner of Otis Avenue and Post Road.
- 2) All relay runners must wear the "Relay Bib" on their back that they get from packet pickup. All relay runners will also have their normal Race Bib that must be worn on the front. All team members will have the same number on their respective bibs.
- 3) All relay runners must sign a waiver. We will have waivers at the relay exchange zones. Simply sign the waiver at the exchange zone tent before you run your leg.
- 4) The **Marathon Relay starts at 8:30am** with the Full and Half Marathon.
- 5) **\*NEW for 2010\*** Relay Teams may have 2, 3, or 4 runners.
- 6) The first relay runner must have the timing chip on an ankle band (provided). Relay runners must pass the timing chip band at each of the three exchange zones. Race Officials will be present to witness exchanges. There is a special "Relay Runners Chute" that splits off of the main Marathon Course that relay runners must run through to make their exchange. Relay runners will receive a finisher medal upon completing their relay leg.
- 7) Relay runners must wear the timing chip on their ankle so it is low to the ground while crossing the chip timing mats. Timing mats will be located at the Start Line, Mile 5 (near Exchange Zone #1), Relay Exchange Zone #2, Half-Marathon Point, Marathon Turnaround (near X3), 1.25 Miles to Go, and at the Finish Line.
- 8) Relay Exchange Zone #1 is located on Post Road, approximately ¼ North of Otis Avenue. From the Start/Finish Line, walk East to Post Road, turn left and walk ¼ mile to Relay Exchange Zone #1. **There is no transportation to or from this exchange zone location as it is within walking distance of the race site.** Relay members running the 2<sup>nd</sup> leg of the relay should report to this location.
- 9) Relay Exchange Zone #2 is located 250 meters West of Post Road where 59<sup>th</sup> Street enters Fort Harrison State Park. From the Start/Finish Line, walk East to Post Road, turn left and walk 4 blocks to 59<sup>th</sup> Street, then turn left and walk 250 meters to Relay Exchange Zone #2. **There is no transportation to or from this exchange zone location as it is within walking distance of the race site.** Relay members running the 3<sup>rd</sup> relay leg should report to this location.
- 10) Relay Exchange Zone #3 is located at the Marathon Turnaround point on Fall Creek Parkway just north of 46<sup>th</sup> Street. **Bus transportation will be provided to exchange zone #3 from Post Road and Otis Avenue at 9:45am.** This is for relay members running the 4th leg of the relay. Please load buses on the East side of Post Road from 9:30am-9:45am. Buses leave at 9:45am SHARP! (Teams may provide their own transportation to exchange zone #3 if they desire.) Return bus transportation will be provided from exchange zone #3 approximately every 30 minutes for relay members finishing the 3<sup>rd</sup> relay leg.
- 11) Awards will be given to the top Male, Female, and Co-ed teams based on Gun Time.

***We are happy you are participating in the Marathon Relay - have a fun day!***