

Incoming Traffic and Parking Instructions for Participants

Critical Instructions for a smooth entry ...

1. **If you are coming NORTH on I-465**, you must take the Pendleton Pike Exit (exit #42)! DO NOT take the 56th Street Exit (exit #40). 56th Street is taking all of the South-bound I-465 traffic and you will get bogged down if you take exit #40. Local traffic should use Pendleton Pike/Post Road to avoid congestion on 56th Street.
2. **If you are coming SOUTH on I-465**, you should take the 56th Street Exit (exit #40). Turn left to head eastbound on East 56th Street to the race.
3. **If you are traveling EAST or WEST on I-70**, you should take the Post Road Exit (just east of I-465 on the east side of Indianapolis). Go North on Post Road and travel approximately 3.5 miles to race site.
4. **For traffic coming eastbound on 56th Street**, PLEASE USE BOTH LANES and do not try to merge into the right hand lane. We are parking cars from both lanes coming East on 56th Street. Any vehicle trying to merge to the right will slow both lanes down.
5. We will be using additional parking lots in 2010 to relieve the congestion. The walk to the race site will range from approximately 4 - 9 blocks depending on the lot that you park in.
6. Please plan to arrive early. Roads will begin to shut down shortly after 7:30am in preparation for the race. Please plan to arrive and be parked no later than 7:30am, this will ensure a smoother and more relaxed drive into the race. If you do not want to head over to the race site right away after you are parked, use the time to relax in your vehicle with music, meditation, or visualization.
7. We will have police and parking directors to help direct traffic. They will be in radio contact with each other to route incoming vehicles to the least congested parking lots, please follow their directions.
8. **Avoid the entire hassle of race morning traffic!!** New this year will be a Park-n-Ride shuttle option from Community North Hospital, which is right next to our host hotel the Hilton Indianapolis North Hotel, and across the street from the Drury Inn. A limited number of round-trip shuttle tickets are available for \$5 per person if you would like to use this service. There are two pick-up times to choose from, 6:40am or 7:20am. Shuttle tickets may be ordered online (see online registration link on our website) and may be purchased with your registration, or separately if you have already registered.