



**Saturday, October  
17, 2009  
Important Race  
Information**

***Congratulations!***

Congratulations on being registered for the 2009 Community Health Network Indianapolis Marathon & Half Marathon on October 17. In this email, you will find important race information including times, packet pickup information, and parking information. We are very excited about this year's event. Participation numbers have increased once again and the race committee, volunteers, and local community are looking forward to putting on a terrific event, that will be a great experience for everyone involved. The race course is beautiful during the fall and will take participants through many scenic areas such as Historical Fort Harrison and the Parade Grounds of Lawton Loop, Fort Harrison State Park and the Fall Creek Corridor Greenway. We will have plenty of water and Gatorade at our 21 aid stations along the course.

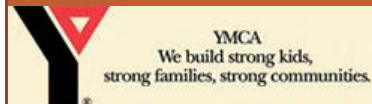
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## *Confirmation & Bib Number*

All participants who signed up before the "regular" registration deadline of October 2nd should receive a confirmation post card. If you entered by October 3rd and did not receive a post card, you may go on-line to confirm your entry and find your bib number. Go to [www.IndianapolisMarathon.com](http://www.IndianapolisMarathon.com) and click on the "Confirmation" tab. Having your bib number available will help expedite your packet pickup process.

If you registered after October 2nd, you will be able to look up your race number at packet pickup.



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## Important Race Information

### **Marathon, Half Marathon & Relay**

**Start:** 8:30 a.m.

**5K Start:** 8:55 a.m.

**Kids Marathon Start:** 12:30 p.m.

***\*Indianapolis is on Eastern Daylight Savings***

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## Packet Pickup

Race packets cannot be mailed. All packets must be picked up at the Expo & Packet Pick-Up at the Benjamin Harrison YMCA, 5786 Lee Road, on Friday, October 16th between 11:00 a.m. and 9:00 p.m. After you pick up your bib number, please verify that your name corresponds with that on the bib number. There is no chip verification at the expo. Chips have already been activated, so there is no need to activate your chip at the expo. Please be sure to check your race packet for accuracy. If you are unable to pick up your packet on Friday, there will be limited packet pickup on race day from 6:30 - 7:30 a.m. at the Sterrett Center, 8950 Otis Avenue. **PRE-REGISTERED PARTICIPANTS ARRIVING AFTER 7:30 A.M. TO PICK UP THEIR PACKETS CANNOT BE**

**GUARANTEED THEY WILL BE PROCESSED BY THE START. PLEASE COME FRIDAY!**

THERE WILL BE NO EXPO OR RACE DAY REGISTRATION IF THE MAXIMUM OF 6,500 PARTICIPANT LIMIT IS REACHED FOR THE FULL & HALF MARATHON. THERE ARE NO TRANSFERS OR REFUNDS. Continue to check the web site if the race has filled.

**YOUR RACE PACKET WILL CONTAIN:**

- Race participant T-shirt
- Your bib number and four safety pins
- Your IPICO Timing Tag and instructions on how to attach it.
- Coupons for discounted merchandise and services

**If you are needing another person to pick up your packet, they need to bring your confirmation postcard or a note (i.e. email) stating they can pick up your packet.**

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### **Expo & Packet Pickup Parking - Friday Only**

Parking will be at the YMCA parking lot on Lee Road, ¼ mile north of 56th Street. Lee Road is ½ mile East of Post Road.

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### **Raceday Parking**

**PLEASE ARRIVE EARLY!** Parking for raceday activities will be in the Major General Emmett J. Bean Center parking lot, south of 56th Street, located on the southwest corner of 56th Street & Post Road

**If arriving from the North:**

- From I-465, take exit 40 and head east on 56th Street approximately 1.5 miles
- Turn right or south at the traffic light at Herbert Lord Road. This is ½ mile east of the light at

## Franklin Road

### If arriving from the South:

- From I-465, take exit 42 and head east at the Pendleton Pike exit and travel approximately 1.5 miles to Post Road.
- Turn left or north on Post Road, go over the railroad tracks.
- Turn left or west on Hess Road into the Bean Center parking lot.

### If arriving from the East via I-70:

- From I-70, take exit 91 and head north on Post Road and travel approximately 3.5 miles to Pendleton Pike.
- Continue north on Post Road go over the railroad tracks
- Turn left or west on Hess Road into the Bean Center parking lot.

Please do not try to park North of 56th Street - there is more than enough parking available at the Bean Center, and you will not get blocked in by the road closures that occur after the event begins. It is a 2 or 3 block walk to the start/finish area. Plan to **ARRIVE EARLY**. There will be a lot of people driving to the race site at once, plan accordingly!

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## Race Regulations

### Participants will:

- not be allowed on the course before the official gun start (no early starts will be allowed)
- not participate with another participant's number.
- not exchange (by selling or giving away) their bib number
- obey all directions by course monitors, police and safety personnel.

Unregistered participants, unauthorized vehicles, bicycles, skateboards, roller

skates, in-line skates, strollers, baby joggers, walking poles and animals are prohibited along the course. All race regulations comply with liability insurance requirements and ensure your safety and the fairness of the race. For your safety and the safety of others, please allow room for faster individuals to pass you. If you are running or walking with friends, please do not line-up more than two abreast.

Race officials may cancel, delay or change the race to a non-scored event in case of extreme weather or other conditions that may affect the safety and health of the participants. In the event of cancellation, no refunds will be issued.

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### **Post-Race Cookout**

All volunteers and participants are welcome at the free Post Race Cookout prepared by our benefiting charity K.I.D.S. Inc. which will be held at the Party Tent near the finish line. Volunteers will receive a meal pass while participants should use their race number for their meal pass. You must have your race number to eat! Extra meal tickets may be purchased for family and friends for \$5.00 each.

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### **Spectator Information**

The race site is an excellent place to view the race! Besides the exciting start, the participants will come back by the race site at 4.5 miles! If you are watching the Full Marathon, you can walk 5 blocks North to watch your runner go into the State Park at 12.5 miles. Another great place to go next is straight West down 56th Street 4 miles to the Windridge area. (Right before you get to Emerson Avenue on the South side of 56th Street.) There is parking in this area. Runners actually will be running Under 56th Street and Under Emerson Avenue on the bike path. There is an aid station here, there is the Joe O'Malias grocery store across the street where you can buy snacks/drinks, and you can watch your

runners going out at mile 17, then coming back at mile 21. This will allow you plenty of time to get back to the finish line to watch your runner finish!

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### **Additional Information**

Please review all areas of our web site for event information including: Map & directions to race site, hotel information, Friday and Saturday packet pickup, schedule of events, course map & elevation chart, event highlights, marathon relay details, awards info, aid station/mile marker info, course certifications, group volunteer fundraising program, and information on our benefiting charity K.I.D..S. Inc.

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***We look forward to seeing you on October 16th & 17th and best wishes on your final preparation!***

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### **For More Information**

For more race details please visit our website at [www.IndianapolisMarathon.com](http://www.IndianapolisMarathon.com)  
Questions please email [rd@IndianapolisMarathon.com](mailto:rd@IndianapolisMarathon.com).