



## 5K is in the Forecast for October 19th

October 12, 2013

### 5K Run/Walk - A Fall Favorite!



If you have registered for one of the Indianapolis Marathon race events, you are all set. You can click here to [confirm your online registration](#). Only a week left, and we're as excited as you are!

If you haven't signed up, and you are more inclined toward 5K than 13.1 or 26.2, come out to the most beautiful Autumn 5K course in the midwest! The scenic route starts and finishes in historic Fort Benjamin Harrison and takes you on a beautiful loop of Fort Harrison State Park during the peak of the fall foliage spectacle.

### In This Issue

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[Registration is OPEN](#)



[Register Online](#)  
through October 16th!

Visit [OUR SITE](#)

to Register,  
and for more information about the  
Marathon and Half Marathon,  
Marathon Relay, 5K Run/Walk, Kids  
Marathon and 1 Mile Fun Run.



## 5K for Charity!

You'll be happy to know that several local charities benefit directly from the proceeds of the race events. This includes K.I.D.S., Inc., a non-profit after school program for under-served kids in the Fountain Square area of Indianapolis.

## Run/Walk and Picnic in the Park!

When you register to run or walk the Indianapolis 5K at Lawrence, you'll receive a long-sleeved commemorative technical event shirt, and a custom designed 5K finisher medal - same quality as the Marathon and Half Marathon medals! You'll also be treated to a FREE Post-Race Cookout! Additional tickets are available for family and friends for \$5 each.

## Radio Disney 98.3 Returns!

Radio Disney Road Crew revs-it-up with music and dances from 11:40 a.m. to 12:40 p.m on Race Day! Kids and kids-at-heart are invited to dance to energetic songs right up to the start of the Kids Marathon and 1 Mile Fun Run at 12:45 pm. [Learn more](#) about the Kids events here. Why not bring the kids or grandkids to participate?

## Free and Plentiful Parking Available!

There is plenty of FREE PARKING just a few blocks from the race at the Bean Federal Center, 8899 East 56th Street, Indianapolis, IN 46249. Please be parked by 7:30 am as the roads begin closing around the Race Site at that time.

If you are planning to arrive later in the morning for the Kids events, you can park in the Bean Federal Center parking lot. 56th Street re-opens to all traffic at 10:15 am so there will be direct access to the Bean Center parking lot.

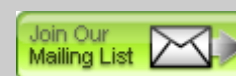
## Early Bird Shuttle

There is also an optional round-trip shuttle available for \$5 per rider from the Hilton Indianapolis North at 8181 Shadeland Avenue, 46250. Tickets for the 6:40 am shuttle are still available, and must be purchased in advance. You can buy it at the same time you [register online](#).

Your shuttle ticket will be in your race bag at Packet Pickup at the Hilton on Friday, October 18. On



Kids Marathon & 1 Mile Run



Saturday morning, October 19th, shuttles leave the Hilton Indianapolis North for the race site, then return participants back to their cars, running all day until 3:15 pm.

## Open for Registration through Oct. 16!

So, October 19th promises to be a fun and healthful day in Lawrence. The Indianapolis 5K at Lawrence and Kids Marathon and 1 Mile Fun Run, and the rest of the Indianapolis Marathon festival of events are OPEN FOR REGISTRATION. You can [click here to register](#) online for ANY of the Indianapolis Marathon festival of events through October 16. We hope you'll join us!

Sincerely,  
Joel Sauer  
Race Director and President  
Indianapolis Marathon Road Runners Club

P. S. Do you have a friend that needs to know about our event? You can easily [Forward this Email](#), or forward it on your own terms, from your inbox.

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## We Love Our Sponsors

## Additional Information

For the most up to date information about race weekend, [click here](#). Or visit [IndianapolisMarathon.com](http://IndianapolisMarathon.com) and click the 'News & Race Updates' tab.

Please review all areas of our website for event information including:

[event highlights](#)

[directions to the Race Site](#)

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The Beautiful Fall Course



[parking instructions and directions to lots](#)  
[hotel information](#)  
[Friday pasta dinner](#)  
[Indianapolis Marathon Expo and Packet Pickup](#)  
[Saturday Late Packet Pickup](#)  
[Race Day schedule](#)  
[course map and elevation links](#)  
[aid station/mile marker info](#)  
[course certifications](#)  
[Marathon Relay details](#)  
[5K details](#)  
[Kids Marathon and 1 Mile Fun Run details](#)  
[awards info](#)  
[post-race meal](#)  
[group volunteer fundraising program](#)  
our benefiting charity [K.I.D.S., Inc.](#)  
our charity partners [Team TSA & Team World Vision](#)

[our sponsors](#)  
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## From the Race Director

The MISSION of the Indianapolis Marathon and Half Marathon is to serve runners, walkers, and our community through a fun, safe, and scenic event that is a good value to participants and a positive event for our community. We strive to please participants by offering a well-organized and friendly event.

Our race committee, volunteers, sponsors, and community are very excited about putting on this race for you, and we look forward to seeing you on Race Weekend. Best of luck in your final preparations and wishing you a wonderful race experience!

Sincerely,  
Joel Sauer  
Race Director and President  
Indianapolis Marathon Road Runners Club



Marathon Relay!



Click here to [REGISTER NOW!](#)

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Put Your Hands Up!.



Marathon Relay!