

Indianapolis Marathon Relay Rules

October 18, 2014

- 1) All relay runners have **GREEN** Race Bib that must be worn on the front and visible at all times. All team members will have the same race number on their respective bibs.
- 2) All relay runners must sign a waiver. We will have waivers at the relay exchange zones. Simply sign the waiver at the exchange zone tent before you run your leg.
- 3) The **Marathon Relay starts at 8:30am** with the Full and Half Marathon.
- 4) Relay Teams may have 2, 3, or 4 runners.
- 5) Relay runners should carry a change of clothes and snack in a bag for their teammate who will be finishing the leg that they are starting. The clothes/snack bag should be part of their "hand-off" within the exchange zone. For example, Runner 1 enters Relay Exchange Zone #1, hands off the timing chip to Runner 2, and Runner 2 hands off the warm and dry clothes bag to Runner 1!
- 6) The first relay runner must have the timing chip on an ankle band (provided). Relay runners must pass the timing chip band at each of the three exchange zones. Race Officials will be present to witness exchanges. There is a special "Relay Runners Chute" that splits off of the main Marathon Course that relay runners must run through to make their exchange. Relay runners will receive a finisher medal upon completing their relay leg.
- 7) Relay runners must wear the timing chip on their ankle so it is low to the ground while crossing the chip timing mats. Timing mats will be located at the Start Line, Mile 5 (near Exchange Zone #1), Half-Marathon Point (near Exchange Zone #2), Marathon Turnaround (near Exchange Zone #3), 1.25 Miles to Go, and at the Finish Line.
- 8) Relay Exchange Zone #1 is located on Post Road, ¼ mile north of Otis Avenue. From the Start/Finish Line, walk East to Post Road, turn left and walk ¼ mile to Relay Exchange Zone #1. **There is no transportation to or from this exchange zone location as it is within walking distance of the race site.** Relay members running the 2nd relay leg should report to this location.
- 9) Relay Exchange Zone #2 is located 350 meters West of Post Road where 59th Street enters Fort Harrison State Park. From the Start/Finish Line, walk East to Post Road, turn left and walk 4 blocks to 59th Street, then turn left and walk 350 meters to Relay Exchange Zone #2. **There is no transportation to or from this exchange zone location as it is within walking distance of the race site.** Relay members running the 3rd relay leg should report to this location.
- 10) Relay Exchange Zone #3 is located at the Marathon Turnaround point on Fall Creek Parkway just north of 46th Street. **Bus transportation will be provided to exchange zone #3 from Post Road and Otis Avenue at 9:45am.** From the Start/Finish line, simply walk East to Post Road. This is for relay members running the 4th leg of the relay. Please load buses on the East side of Post Road from 9:30am-9:45am. Buses leave at 9:45am SHARP! This is the only time that transportation is provided. (Teams may also provide their own transportation to exchange zone #3.) Return bus transportation will be provided from exchange zone #3 approximately every 30 minutes for relay members finishing the 3rd leg.
- 11) Awards will be given to the top Male, Female, and Co-ed teams based on Gun Time.

We are happy you are participating in the Marathon Relay - have a fun day!